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## **Rajamundry Gurupujas - 2013**

**10<sup>th</sup> November, 2013 - Discourse 2**



Worships may be done in a variety of ways and to a variety of names and forms but ultimately it is the ONE divine principle which we are worshipping in all these ways. THAT divine principle is neither male nor female. As most of wisdom teachers are male, they started referring to Divine as male but Divine principle should be seen as combination of everything that is in this creation. That is why saying Divine is better instead of God which has the female counterpart of Goddess. We worship the divine but first we need to know divine. For this purpose, knowledge is required. How are we all existing like this? Each one of us has 3 aspects – there are consciousness, force and matter. The matter moves with the help of force and the force is directed by consciousness. Depending on the degree of each of these 3, actions happen through us. They keep varying in degrees from time to time.

In Aries, we enter the head centre and in Taurus, consciousness enters the face. Then in Gemini we enter the throat. At this point duality emerges and there is the left and the right. In Cancer we enter the heart.

Then in Libra and Virgo we go down further and by the month of Scorpio we enter the lowest point in matter. If we go further down, we enter the subterranean worlds. There are Nagas who can even enter that worlds and still uplift themselves to higher planes. We discussed about them yesterday. They have the facility to go down and up.

So in this Scorpio month, consciousness is completely stuck in matter and it also disappears. It is dead. That is why Scorpio, the 8th month is said to related to death. Death here is death of consciousness due to the dominance of matter. That is why in the month we are given the Mrutyunjaya mantra. It is to overcome death because in this month matter dominates completely. One dies because he is stuck in matter. When he is stuck in matter, he does not die but just departs.

People born in this sign can either become great ones or grave robbers and their acts cannot be imagined. They can be international robbers. It is because the consciousness is deeply lost in matter. If the same consciousness is in divine alignment, then his actions are otherwise but still secretive. So it can be either way.

Matter is controlled by force, force is controlled by consciousness, consciousness is controlled by I AM principle, the soul and I AM is nothing but THAT I AM, the Universal Soul. It is the same electricity which is flowing in different appliances.

There are 2 flows in the body. The flow of prana (life force) and flow of consciousness. Without them, there is no movement in the body. When we take bath in a flowing river, these flows in our body are vitalized. That is why we are advised to take bath in flowing rivers wherever possible. The quality of the water does not matter much when the flow is good. When you bring the same water in a bucket and take bath in your bathroom, the water may be same but the energies are not because there is no flow.

When consciousness is weak and matter is strong, what happens is Tamas (inertia) dominates. People in whom inertia is dominant, he possess the qualities of laziness, forgetfulness, slow working nature, etc. In Bhagawadgita, a list of these qualities is given. Certain instructions are given in Spiritual Astrology to reduce inertia quality.

Generally everyone gets sleep because of matter. There is sleep only as long as you are in matter. If the matter is dominant, there is more sleep that is required. If consciousness disappears in matter, the force will not work properly. It will not work in the right manner and causes problems to us. That is why in the story of Scorpio, we should ensure that the consciousness does not disappear due to the dominance of matter.

The practices given in Scorpio are to keep the consciousness active, to ensure the flow. The flow should not turbulent. It results in Rajas (dynamism). The flow should be streamlined. That is why we are not advised to do bath for long time in river with very turbulent flow. Taking bath in streamlined flow for long time is beneficial but not in turbulent flow.

Once I went to Kumbha Mela in Haridwar and the flow of Ganga at that time is very turbulent. I just took a dip in the river and came out of the river. One person who came along with me, stayed in that flow for more than half hour and when he came out, he started staggering. Slowly he even started getting

a pain in the heart. Later when he went for a doctor check up, he realized that he got high blood pressure. It is due to the bath in the turbulent flow. So only a dip in turbulent flowing rivers is advised to gain the energies in that flow.

So the flow of consciousness should be streamlined to remain in poise. When consciousness is poised, force and matter remain in proper control. All three should remain in equilibrium.

In this month, worship of Shiva or Rudra is recommended. Mrutyunjaya Mantra or Rudra mantra chanting would be beneficial. Rudra is the one presiding over consciousness. That is why we worship him in this month of Scorpio to ensure that the consciousness does not disappear. He permeates the whole creation and he has complete control over Shakti (force). He is present in fire, water, minerals in the form of electro-magnetic waves/vibrations.

We should introspect on our thoughts during free time with eyes closed. Are the thoughts more objective or subjective/divine? It can be anything based on what we taught our mind. If you get more thoughts about the people you don't like, it is dangerous. People in Scorpio should be cautious of the hatred that generally develops. People in Scorpio are not the ones born between October 22 and November 22 but the ones stuck in matter. If you are stuck in matter, you are said to be in Scorpio. If hatred increases, it is equivalent to increase of poison in you. Master DK says that there is the danger of development of 9 types of poisons in the body due to dominance of matter. That danger is there in this month of Scorpio.

One should keep checking the dominance of matter over consciousness in oneself. We keep eating many times in the day and keep drinking water all over the day. It is not required. Each one of us is fiery in nature and if you keep drinking continuously the fire is put off. There are some who don't even drink water on the 11th moon phase days. I am not saying, you will reach divine by not eating or drinking but it shows the control we have over matter. We should eat when we feel hungry but we should get stuck so much in food that we get to feel that we cannot live if we fail to take a meal. It should not be so. Rishis can remain without food for days; it is because of the control they have over matter. Remember that the body is dependent on you and not vice-versa. Why will you die if you do not give food to the body for a day? So the practice in Scorpio is to ensure that the matter is as light as possible, to ensure that you have complete control over matter (body).

We can take up some mantra and chant it continuously or take a stotra and chant it. If this is done at least for an hour daily, heat is generated in the body due to the electro-magnetic radiation generated by the chanting (sound) and the matter becomes light. The chanting should be done with open voice and as loud as possible. Also it should be chanted with sraddha (intent, interest) and devotion. Then the sound can bring about complete transformation in your body. Generally the mantras or stotras have no effect because there is no sraddha and devotion when we chant. Chanting happens mechanically and consequently it has no effect.

When one is stuck in matters, perversions appear in him. As I said, there are 9 poisons.

The first one is seeking bodily comfort. We always keep looking for comfort. Now days we have got used to too many comforts. We need a car or some vehicle whenever we want to go anywhere. That too we

do not want to adjust in the car. When we to discharge a duty, we should not think about comfort. Earlier pilgrimage tours used to be undertaken without any pre-planning. They were prepared to go by transport available and even walk if necessary. They eat whatever is available and sleep at any place where they feel like sleeping.

During my childhood, 10 members in our family used to travel in a small car, which my father had. Can we adjust like that now? I am not telling you should not have comforts but you should be able to adjust even without any comforts. You should not get stuck in comforts. You should be able to eat in any manner. If no plate is available you can eat on a leaf, if that is also not available, you should be prepared to eat in your hand itself. You should be able to sleep on the floor if required. Do not sleep on floor crying. We are advised to sleep on the floor, at times, to attain control over the body. If you cry and sleep, it is of no use.

The 2nd one desires wealth. Desire of money is very strong. People lose themselves completely in this desire of money. That desire will never be fulfilled. It is like a mirage in a desert. It creates an illusion to you and keeps you craving for it. If you do not desire money, it comes to you when you need it. If you accumulate money with desire, it creates fear in you. In that fear, you start killing others. That is what is being done by some powerful and wealthy nations out of fear. Many of the Wealthy nations feel insecure because most of their wealth is illegally earned. They invaded and robbed that wealth in the past and now fear that the other nations might retaliate. India is the country which is the victim in most of the cases and Madam HPB writes that no other country was looted as much as India was, in the past, of its wealth. The law is, if you discharge your duties properly, wealth keep accumulating near you. If you offer what you get, then even more wealth starts accumulating. If you rob others out of desire, it will give you no happiness. It further results in fear. One in Scorpio, if he has strong desire, he starts robbing others. So if you are stuck in matter and if you have desire, it is a great danger because you feel like robbing others and it later it results in feeling of insecurity.

Remember, earning money is never given as a responsibility by the knowers. How to think and grow rich is never a divine thought. Such thoughts appear due to diabolic nature. Books written out of such thoughts are being sold in millions, now days, indicating the degree of desire for money, prevailing in the society now days. If you attend to your responsibilities you grow. Why do you need to plan to grow and earn money? Plan to work and discharge your duties.

The 3rd one is male-female attraction. This attraction will keep pulling you down. It will drain away your energy. The purpose of this attraction is only to ensure the procreation, continuity of race. Money, comfort and sex are the 3 things that are driving the whole world today. It is the fundamental triangle in which the whole human race is stuck, says Master DK. There is lot of pollution in the way in which a male looks at a female and a female looks at male. This pollution is dominating the world today. That is why in some of the countries there is the tradition of women wearing a veil (burkha) over their face. In our tradition, we are told see every woman, except wife, as a form of divine mother. Similarly when a woman sees a man, she should remember Shiva and she should remember Vishnu when she sees her husband. This tradition ensures that there are no perversions in the mind.

So these three - comfort, desire (money) and sex form the first triangle.

The 2nd triangle is ambition (desire), fear and hatred. If the ambition is fulfilled and you get something out of it and you fear of its security. If the ambition is not fulfilled, you develop on hatred on someone who you feel responsible for it.

We have lot of fear now days. Due to that fear, we try to protect everything that we accumulate and save. That is why only the one who has ability to protect a thing, should own it. If really a robber thinks of robbing your home, can the locks that you put to your home stop the robber? That is why it said "Whatever is yours will stay with you. If it is not yours, it will go away in some way or other even if saved very carefully." It may be lost in any manner. It may be lost through your own family members. It may be even lost through your own thoughts. You may feel like investing in the stock market and suddenly after you invest, the stocks may fall and all your money may be lost. So your fear is useless.

The last triangle is pride, prejudice and jealousy. We generally feel proud of our achievements. We feel proud when someone praises us. In this pride, we develop jealousy on others and keep criticizing everyone. A man of pride is opinionated. He is always prejudged towards others. Do not criticize others. When 2 persons meet and criticize a 3<sup>rd</sup> person, it is indication of pride in the two. Jealousy will take away all your happiness. People with jealousy keep craving to know things about others because they want to know if others are better than them. They keep comparing everything with others. Jealousy can be in very small things as well. Hatred towards others develops out of jealousy. Shirdi Sai baba says "If you keep talking about the bad qualities of another person, it means that you are licking all their bad qualities with your tongue and pull them into you". As long as you have opinions on others, there will not much progress in the path. At the same time, if you feel jealous when someone is in a very good position, it also hinders your progress. So beware of these 2.

All these triangles are forms of darkness. That is why in the month of Scorpio, we are advised to light a lamp in the morning and evening. We are advised to use a earthen lamp and not silver or golden one because it symbolises that we are in earth. That light should be also developed within you. That light should glow continuously. It should be there as long as we are in matter. We are in Scorpio as long as we are in matter. There are ever glowing lamps in some of the caves of Himalayas. You can read the book "Caves and Jungles" of Hindustan for more details.

Close your eyes and keep visualizing a light within you. Imagine that the light is permeating the darkness within you. Without this imagination, our prayers and rituals become a mere labour work. We keep making too much effort without experiencing the taste of it. The lamp that we light out is a symbolism for the inside light. The light is the ladder that can take us to divine. Divine is the one beyond light and darkness. It is a light which is above the light and darkness that we know.

We will continue in the evening.

-Swasthi